

22nd

UP AND OVER. 5 ½ miles
Jevington circular via Folkington along 2 ways. Downlands: 1 gradual and 2 steep inclines. Approx. 6 stiles. Mike H. 484158 or 07801241356. SVP 50p

OVER AND UNDER THE BLUEBELL. 9 miles
Mostly flat; fields and woods. Picnic. Barbara 504908 or 07812822879. SVP £4

29th

EAST DEAN TO THE GAP AND BACK. 5 miles approx.
Fairly easy walking; one gradual incline and decline. Coffee stop at Birling Gap. Val W. 484569. SVP £1

LEFT OR RIGHT. 9/10 miles
Easy walking; fairly flat fields; good tracks; few stiles. Picnic only.
Heather and Eileen 506137 / 482837. SVP £1.10

APRIL

5th

LEISURELY WALK. ALONG THE ROMAN ROAD. 2 ½ - 3 miles
Linear walk. Tarmac track. Coffee at end. Bus 56 at 09.05 Coppice Avenue to Stone Cross or 09.12 Polegate High Street. Return on 11.56 from Westham Station to Polegate via Stone Cross. Check timetable.
Marion / Ellen 767485 / 485435

SHARNFOLD FARM CIRCULAR AND FARM SHOP. 4 ½ miles
Farmland; lanes; several inclines; woodland; could be muddy. Refreshments available. 13 stiles. Meet rec at 09.30 or top of Shepham Lane Cuckoo trail at 09.45. Sue T. 482441. SVP 50p

CROWHURST CIRCULAR. 8 miles

Fairly flat; fields and tracks. Approx. 11 stiles. Picnic only.
Shiela and Frank 01424221611 or 07895026509. SVP £2.20

12th

WHAT THE LONG MAN SEES. 5 miles
Sleep climb at beginning. Approx 8 stiles.
Dave and Maureen 726427 or 07909970315. SVP 60p

WALK AND TALK WITH ANGIE. 8/9 miles

Flat easy walk. Picnic on beach. Angie 01424224474. SVP £2.60

19th

WILL THERE BE BLUEBELLS AND BLOSSOM AROUND COWBEECH. 5 miles
Fairly flat; woods and fields; could be muddy. Approx 8 stiles.
Sandra 483991. SVP £2

LOOKING ROUND LAUGHTON FOR ENDYMION NONSCRIPTUS. 9 miles
Flat; woods and fields. Picnic only. Geoff 840025. SVP £2.

26th

"STILISH" HERSTMONCEUX. 5 miles
Fields and woods; undulating but no steep hills. Approx. 14 stiles.
Brenda G. 734797. SVP £1.80

FOREWOOD IN SPRING. 9 ½ -10 miles
Undulating – no steep hills – leader will meet at Crowhurst Rec. Picnic only.
Dorothy 01424210454. SVP £3.20

MAY

3rd

LEISURELY WALK. CUCKOO, CUCKMERE AND CHURCH. 2 ½ - 3 miles
Flat no mud; bring your own coffee. Bus 51 from Polegate High Street 09.47 to Hellingly Village Hall (check timetable). Rick 482138

FIGURE OF EIGHT – BARCOMBE MILLS TO ISFIELD. 5 miles
Flat riverside walk; fields and disused railway. Could be muddy if wet. 3 stiles.
Barry 508615 or 07798846292. SVP £2.80

AROUND ALFRISTON. 8ish miles
Picnic only. Rosalind 870451. SVP £1

10th

CHIDDINGLY AND GUN HILL. 4 ½ miles
Wealdway and Vanguard Way. 8 stiles approx.
Howard and Hilary 472174 or 07766116052. SVP £1.60

HERSTMONCEUX – BOREHAM STREET CIRCULAR. 9 ¾ miles
Varied countryside. Some undulation, but mostly flat. Picnic only.
John R. 724972. SVP £1.50

17th

LEISURELY WALK. FROM FRISTON TO BIRLING GAP. 2 miles
Easy walk. Coffee available. No. 12 bus to Friston Pond. Meet at pond 10.30.
Joan S. 508651

LAUGHTON CIRCULAR. 5 miles
Flat walk; approx. 6 stiles. Alex and Denise 487489. SVP £2

MAYBE MAYFIELD IN MAY WILL BE MAGICAL. 10 miles
MEET 09:15. Lots of flat; no steep hills. Picnic only.
Susan and John 01435812351. SVP £3.50

24th

AT EASE ALONG THE OUSE. 5 miles
Downland and river walk with some steep bits. NB. Limited parking; all cars (except from Seaford) to Polegate please. Approx. 4/5 stiles.
Roger S. 470366 or 07803722534. SVP £2.80

LOVELY VIEWS ON A LOVELY DAY. 11 miles
Riverside; forest and downland. Very few hills but lots of optimism! PP.
Pauline 645793. SVP £2

31st

TWO CHURCHES PLUS LARGE BARN! 5 miles
Fields; track; mainly flat; could be muddy. Approx 5 stiles.
Jean W. 483970 or 07814305058. SVP £1

PILTOWN PLOD. 10 miles
Undulating woods; tracks; farmland; good views. Tea stop at May Cottage. N. Challey. Picnic only. Graham 501467 or 0774372671. SVP £4.20